Maladaptive Perfectionism Body Image Satisfaction And

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The Mental Health of Elite Athletes: A Narrative Systematic Review

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Self-criticism and self-compassion: Risk and resilience

Although self-criticism is the aspect of perfectionism most associated with body image concerns. It is associated with less body dissatisfaction, body preoccupation, and weight worries, greater body appreciation and less disordered eating. Early decreases in shame during eating disorder treatment was associated with more rapid reduction in eating ... Due to a planned power outage on Friday, 1/14, between 8am-1pm PST, some services may be impacted.

21.01.2020 · The study of basic psychological needs has witnessed a strong revival, in part spurred by Basic Psychological Need Theory (BPNT), one of the six mini-theories within Self-Determination Theory. Empirical studies on BPNT have increased exponentially since the millennium turn, leading to refinements and extensions in theory. In this contribution we ... 20.02.2016 · Findings regarding the prevalence of eating disorders and body image concerns relative to the general population were inconsistent. However, there was a tendency for higher vulnerability to these conditions in athletes involved in sports requiring a particularly lean body shape [21, 35, 38 - 40] and in female athletes [41 - 43]—the ... Antisocial personality disorder: pervasive pattern of disregard for and violation of the rights of others, lack of empathy, bloated self-image, manipulative and impulsive behavior.; Borderline
personality disorder: pervasive pattern of abrupt emotional outbursts, altered empathy, instability in relationships, self-image, identity, behavior and affect, often leading ...

In general, maladaptive aspects of perfectionism (e.g., perseverance behaviours), the opposite of several traits of impulsiveness (e.g., lack of planning and perseverance), is well-established as the risk factors for the relationship between social media environment and eating disorders [29, 30]. They found support for the moderation ...

Qualitative analysis (n = 4) identified five themes: (i) social media encourages comparison between users, (ii) comparisons heighten feelings about the body, (iii) young adults modify their appearance to portray a perceived ideal image, (iv) young adults are aware of social media's impact on body image and food choices, however, (v) external ...

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Hier sollte eine Beschreibung angezeigt werden, diese Seite lässt dies jedoch nicht zu.

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